



**LANSING LATINO  
HEALTH ALLIANCE**

construyendo puentes para una mejor salud  
building bridges toward better health

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**Bilingual Health  
Information & Resources  
Guidebook for the Greater  
Lansing Area**

**Fall 2012**

**Second Edition**

**Lansing Latino Health Alliance**



## In Appreciation . . .

. . . of McLaren-Greater Lansing and the Sparrow Health System for their support of the Lansing Latino Health Alliance and their assistance in the publication of this 2012 edition of the *Bilingual Health Information & Resources Guidebook for the Greater Lansing Area*.



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## **MISSION of the Lansing Latino Health Alliance**

**To improve the health status of Latinos in the greater Lansing area by advocating for meaningful, effective and sustainable policy and systems change.**

### **VISION**

**LLHA foresees the day when Latinos:**

- have a voice on health issues and policies affecting them
- have access to quality, culturally relevant healthcare without disparities and/or inequities
- are empowered and knowledgeable healthcare consumers
- enter healthcare fields in increased numbers and skill levels

### **BACKGROUND**

The Lansing Latino Health Alliance, Inc. (LLHA) was founded in 2003 and incorporated as a nonprofit organization in 2007 with the goal of reducing health disparities and inequities and of improving the health status of Latinos in the greater Lansing area.

The LLHA defines health as more than the absence of disease in the belief that: (a) health encompasses environments and contexts that lead to and promote healthy growth and development; and b) health cannot be separated from social and cultural influences.

#### **For more information about LLHA**

Please contact us, visit our website, or become a fan on Facebook

**Lansing Latino Health Alliance, Inc**  
**1012 N. Walnut St., Suite 203, Lansing, MI 48906-5061**  
**(517) 999-4035**  
***www.lansinglatinohealth.org***

## Information Disclaimer

The *Bilingual Health Information & Resource Guidebook for the Greater Lansing Area* is intended to provide basic information about service providers in the greater Lansing area. Organized principally by medical specialties, it offers information concerning providers and their offices as well as information for accessing health care services. In addition, each entry informs the user of the availability of Spanish/English bilingual services or the form of interpretation or translation services available for each resource listed.

The information included was supplied by the service providers listed in the guidebook as well as by other resource directories available in Michigan.

Although efforts are made to check the accuracy of this information, the Lansing Latino Health Alliance does not guarantee that the data included here are correct, complete, or current.

The Lansing Latino Health Alliance has compiled this listing of resources. However, listing a resource in the present Guidebook does not constitute an endorsement of the provider or assurance of the quality of provider's services.

# Health Care Providers

## CARDIOLOGY

### **Aajay Shah, M.D.**

Mid-Michigan Heart Group  
2685 Jolly Road  
Okemos, MI 48864  
(517) 336-6900  
aajayshahmd.org

Hours: Monday – Thursday 6:30 am – 7 pm

**Bilingual Staff: Medical Students & Technicians**

Accepts Insurance: BCBS, PHP, McLaren, IHP, Medicare, Medicaid, & Most Insurance Plans

Other Specialties: Preventative Cardiology

On CATA Bus Route: Yes

### **Advanced Cardiology, PLLC**

Sparrow Hospital  
1200 E. Michigan Ave  
Suite 780  
Lansing, MI 48912  
517-484-9000

Hours: Monday – Friday: 8 am – 4:30 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, Medicare, & Medicaid

On CATA Bus Route: Yes

### **Children's Heart Center**

1514 E. Michigan Ave  
Lansing, MI 48912  
517-484-0004

Hours: Monday – Friday: 8 am – 5 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, IHP, Medicare, Medicaid, & Most Insurance Plans

On CATA Bus Route: Yes

**McLaren Cardiovascular Group**

Omar Bakr, M.D.  
 Mohan Madala, M.D.  
 Majid Mughal, M.D.  
 Ibrahim Shah, M.D.  
 Paul Zack, M.D.  
 2134 Hampton Place  
 Okemos MI 48864  
 517-347-8393

Hours: Monday- Friday 8 am - 5 pm

**Translation Services: 3<sup>rd</sup> Party**

Accepts Insurance: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare, Medicaid, Most Plans  
 On CATA Bus Route: Yes

**CHIROPRACTIC****Kristin Batdorf, D.C.**

Backbone Chiropractic and Massage Therapy  
 1770 E. Grand River Avenue  
 East Lansing, MI 48823  
 517-316-1277  
 backbonechiro.com

Hours: Monday – Friday: 11 am – 6 pm

**Bilingual Staff: Chiropractor**

Accepts: BCBS, PHP, McLaren, IHP, Medicare, Medicaid,  
 PPOM/Cofinity, MESSA, & Aetna  
 Other Specialties: Sport Medicine  
 On CATA Bus Route: Yes

**Cristo Rey Family Health Center**

517-371-1700

See *Family Practice* section for Cristo Rey Family Health Center  
 information

**Total Health Chiropractic**

252 Waverly Road  
 Lansing, MI 48917  
 517-321-8568  
 totalhealth-fitness.com



Hours: Monday – Friday: 7:30 am – 11 am & 3 pm – 6:30 pm  
**Bilingual Staff: Chiropractor & Receptionist**  
 Accepts: BCBS, PHP, McLaren, IHP, Medicare, & Medicaid  
 On CATA Bus Route: Yes

## **CLINICAL LIPIDOLOGY**

**David Hoisington, M.D.**  
 Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 202  
 Lansing, MI 48912  
 517-913-3820

Hours: Mon., Tues., Weds., Fri.: 8 am - 5:pm  
**Translation Services: Phone**  
 Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare  
 On CATA Bus Route: Yes

## **DENTISTRY**

**CareFree Medical & Dental**  
 517-887-5922  
 Carefreemedicaldental.org

*See Family Practice section for CareFree Medical and Dental information*

**Lucila Martinez-Castillo, D.D.S.**  
 Smiles of Michigan  
 2104 Jolly Road  
 Suite 260  
 Okemos, MI 48864  
 517-381-9999  
 Smilesofmichigan.com

Hours: Tues.: 10 am -7 pm; Weds.: 9 am - 1 pm; Thurs.: 9 am - 9 pm, Fri.: 7:30 am - 4:30 pm, Sat.: 9 am - 1 pm (by appt. only)  
**Bilingual Staff: Dentist, Dental Assistant, & Office Manager**  
 Accepts: All dental insurance plans, except Medicaid  
 On CATA Bus Route: Yes

## **EAR, NOSE, & THROAT**

### **Mid-Michigan Ear, Nose, & Throat, P.C.**

1500 Abbott Road, #400  
 East Lansing, MI 48823  
 517-332-0100

Hours: Monday – Friday: 8 am – 5 pm

**Bilingual Staff: Various staff**

Accepts: BCBS, PHP, McLaren, & Medicare

Other Specialties: Audiology, Hearing Aids

On CATA Bus Route: Yes

## **ENDOCRINOLOGY**

### **Michael Carella, M.D.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Monday, Tuesday, Thursday, Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, SPHN, Aetna,  
 Medicare, Medicaid, Most Plans

On CATA Bus Route: Yes

### **Dana Fletcher, D.O.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Tuesday, Wednesday, Thursday: 8:30 am - 3 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, SPHN, Aetna,  
 Medicare, Medicaid, Most Plans

On CATA Bus Route: Yes

### **Kara Hoisington, D.O.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 202  
 Lansing, MI 48912  
 517-913-3820

Hours: Monday, Thursday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare, Medicaid, Most Plans

On CATA Bus Route: Yes

## **FAMILY MEDICINE- ADULT**

**Prathima Pabbathi, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 202

Lansing, MI 48912

517-975-3900

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, SPHN, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

**George Varughese, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 202

Lansing, MI 48912

517-975-3900

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, SPHN, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

## **FAMILY PRACTICE**

**Care Free Medical & Dental**

5135 S. Pennsylvania

Lansing, MI 48910

517-887-5922

Carefreemedicaldental.org

Hours: Monday – Friday: 9 am – 5 pm

**Bilingual Staff: Nurse(s)**

Accepts: BCBS, PHP, McLaren, IHP, Medicaid, & Medicare

Other Specialties: Dental, OB-GYN

**Edward Ball, D.O.**

MGL Grand Ledge Family Medicine  
 313 S. Clinton St.  
 Grand Ledge, MI 48837  
 517-975-3350

Hours: Mon., Tues., Weds., Fri.- 8:30 am - 5 pm;  
 Thurs.: 8:30 am - 3 pm

**Translation services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: No

**Renu Chaturvedi, M.D.**

MGL Holt Family Medicine  
 2450 Delhi Commerce #16  
 Holt, MI 48842  
 517-975-3770

Hours: Monday - Friday: 8 am - 4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: Yes

**Peter Cook, M.D.**

Cristo Rey Family Health Center  
 1717 N. High Street  
 Lansing, MI 48906  
 517-371-1700

Hours: Monday – Friday: 9 am – 5 pm

**Bilingual Staff: Physician(s), Medical Assistant(s),  
Chiropractor**

Accepts: BCBS, PHP, McLaren, Medicaid, & Medicare  
 Other Specialties: Chiropractic, Mental Health, OB-GYN, &  
 Pediatrics  
 On CATA Bus Route: Yes

**Linda Eckerson, N.P.**

MGL Dewitt Family Medicine  
 12805 Escabana Dr. #1  
 Dewitt, MI 48820

Hours: Monday-Thursday: 8 am - 5 pm, Friday- 7 am-4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: No

**Donald Hillman, D.O.**

MGL Laingsburg  
317 E. Grand River Rd.  
Laingsburg, MI 48848  
517-651-5018

Hours: Mon.: 11 am -8 pm, Tues.: 8 am-12 pm,

Weds. - Fri. 8am - 5 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: No

**Jay Hoffman, D.O.**

MGL Dewitt Family Medicine  
12805 Escanaba Dr. #1  
Dewitt, 48820  
517-975-9700

Hours: Mon. 10 am-7 pm, Tues.- Thur. 8 am - 5 pm,

Fri. 7:30 am - 4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: No

**Jill Larkin, M.D.**

McLaren Greater Lansing - Perry Family Medicine  
3737 W. Lansing  
Perry, MI 48872  
517-975-2300

Hours: Mon.- Wed.: 8 am-4:30 pm, Tue.: 8 am - 6 pm, Thur.:  
8 am - 5 pm

**Translation Services: Phone-Babblefish/Voices for Health**

Accepts: BC/BS, PHP, McLaren, Aetna, Medicare, Medicaid,  
Most Plans

On CATA Bus Route: No

**Peter Luca, M.D.**

Mid- Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 202  
 Lansing, MI 48912  
 517-975-9820

Hours: Monday, Wednesday, Thursday, Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, SPHN, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: Yes

**Paula Maas, P.A.**

MGL Family Medicine  
 2316 S. Cedar St. #300  
 Lansing, MI 48910  
 517-975-9830

Hours: Monday- Friday: 8 am:- 4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: Yes

**McLaren Greater Lansing- Williamston Family Medicine**

1288 W. Grand River  
 Williamston, MI 48895  
 517-975-2325

Karen Bollman, D.O.

Hours: Mon., Tue., Weds., Fri.: 8 am - 12 pm, 1 pm - 5 pm,  
 Thur. 10 am - 7:30 pm

Keith Nelson, D.O.

Hours: Monday- Friday: 8 am -12 pm, 1 pm - 5 pm

Karen Risch, F.N.P.

Hours: Monday- Friday: 8 am -12 pm, 1 pm - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid  
 On CATA Bus Route: No

**Batool Mir, M.D.**

Mid- Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 202  
 Lansing, MI 48912  
 517-975-3820

Hours: Monday, Tuesday, Wednesday, Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, SPHN, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: Yes

**Shannon Mobley, D.O.**

Next Generation Family Practice PLLC  
 1515 Lake Lansing Road, Suite D  
 Lansing, MI 48912  
 517-853-0781  
 Nextgenerationfp.com

Hours: Monday - Friday; Saturday by appt. only; hours vary

**Bilingual Staff: Physician(s), Physician Assistant(s),  
 Medical Assistant(s), & Receptionist(s)**

Accepts: BCBS, PHP, McLaren, IHP, Medicare, Other(s)  
 On CATA Bus Route: Yes

**Labony Mookerjee, M.D.**

MGL Laingsburg Family Medicine  
 317 E. Grand River  
 Laingsburg, 48848  
 517-651-5018

Hours; Mon., Tue., Thur. 8:30 am -5 pm; Weds., Fri.:  
 8:30 am -1 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: No

**Trinh Nguyen, D.O.**

MGL Family Medicine  
 2316 S. Cedar St. #300  
 Lansing, MI 48910  
 517-975-9830

Hours: Mon.-Thur.: 7:30 am -5 pm, Fri.: 7:30 am -12:30 pm

**Bilingual Physician, Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

**Sparrow Medical Group - Dewitt**

13191 Schavey Road, Suite 3

Dewitt, Mi 48820

517-669-9109

Hours: Mon. & Wed: 7 am – 8 pm, Tue. & Thur.: 7 am – 5  
pm, & Fri.: 7 am – 4 pm

**Bilingual Staff: Physician(s) & Medical Assistant(s)**

Communication / Translation Services: Translation Phone

Accepts: BCBS, PHP, Medicaid (Straight), & Medicare

Other Specialties: Radiology

On CATA Bus Route: No

**Sparrow Medical Group - North**

2035 Asher Court, Suite 200

East Lansing, MI 48823

517-337-8580

Hours: Mon.: 8 am – 5 pm, Tue. & Thur.: 7 am – 7 pm,  
Wed.: 9:30 am – 5 pm, & Fri.: 7 am – 4 pm

**Bilingual Staff: Receptionist**

Communication / Translation Services: Translation Phone

Accepts: BCBS, PHP, McLaren, Medicare, Medicaid, Aetna,  
& Sparrow Physician Health Network (SPHN)

On CATA Bus Route: Yes

**Sparrow Family Medical Services - Okemos**

1600 W. Grand River, Suite 4

Okemos, MI 48864

517-381-6880

Hours: Mon., Tues., & Thurs.: 8 am – 7 pm, Wed.: 9 am – 5  
pm, & Fri.: 8 am – 5 pm

**Translation Services: Translation Phone**

Accepts: BCBS, BCN, PHP, Medicare, Medicaid, Aetna, &  
Sparrow Physician Health Network (SPHN)

On CATA Bus Route: Yes



**Sparrow Medical Group - Potterville**

133 E. Lansing Road  
 Potterville, MI 48876  
 517-645-0000

Hours: Mon. – Weds., Fri.: 8 am – 5:30 pm & Thur.: 7 am – 5:30 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, Medicare, Aetna, & Sparrow  
 Physician Health Network (SPHN)  
 On CATA Bus Route: No

**Sparrow Medical Group - West**

7335 Westshire Dr., Suite 100  
 Lansing, Mi 48917  
 517-622-2788

Hours: Mon., Weds., & Thur.: 8 am – 5 pm, Tue.: 8 am – 6 pm, & Fr.: 8 am – 4 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, Medicare, Medicaid, Aetna,  
 & Sparrow Physician Health Network (SPHN)  
 On CATA Bus Route: No

**Marie-Louise Sagan-Yewan, M.D.**

MGL Family Medicine  
 2316 S. Cedar St. #300  
 Lansing, MI 48910  
 517-975-9830

Hours: Mon.- Thur.: 7:30 am - 5 pm, Fri.: 7:30 am-12:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
 Medicaid, Most Plans  
 On CATA Bus Route: No

**Mark Schaar, M.D.**

MGL Dewitt Family Medicine  
 12805 Escanaba Dr. #1  
 Dewitt, MI 48820  
 517-975-9700

Hours: Mon. - Thur.: 8 am - 5 pm, Fri.: 7:30 am -4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: No

**Janet Sprague, D.O, P.C.**

820 Charlevoix Drive , Suite 220

Grand Ledge, MI 48837

517-627-1000

Hours: Mon., Tue., Thur.: 8 am –5 pm, Weds.: 8 am–12 pm,

Fri.: 8 am – 4 pm

**Bilingual Staff: Physician(s) & Office Manager**

Accepts: BCBS, PHP, & McLaren

On CATA Bus Route: No

**Thomas Stalt, D.O.**

MGL Okemos Community Medical Center

2104 Jolly Rd #240

Okemos, MI 48864

517-975-9800

Hours: Monday- Friday: 7:30 am - 4 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

**David Wittgens, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 202

Lansing, MI 48912

517-975-3820

Hours: Mon., Tue., Thur., Fri.: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, SPHN, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

**Shannon G. Wiggins, M.D.**

East Michigan Family Care  
 2310 E. Michigan Ave  
 Lansing, MI 48912  
 517-346-7628

Hours: Monday - Saturday: 9 am – 5 pm

**Bilingual Staff: Physician(s), Physician Assistant(s),  
 Nurse Practitioner(s), & Medical Assistant(s)**

Accepts: BCBS, McLaren, IHP, Medicaid

Other Specialties: Urgent Care

On CATA Bus Route: Yes

**INTERNAL MEDICINE****Babar Amhan, M.D.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare

On CATA Bus Route: Yes

**Cynthia Boynton, M.D.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Mon., Tue., Weds., Fri.: 8 am - 4 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare

On CATA Bus Route: Yes

**Raymond Hansen, M.D.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Mon., Tue., Weds., Fri.: 8 am - 5 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare

On CATA Bus Route: Yes

**Habtamu Handro, M.D.**

Mid-Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 201

Lansing, MI 48912

517-913-3900

Hours: Monday - Friday: 9:30 am - 5 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare

On CATA Bus Route: Yes

**Geoffrey Linz, M.D.**

MGL Okemos Community Medical Center

2104 Jolly Rd #240

Okemos, MI 48864

517-975-3800

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare, Medicaid

On CATA Bus Route: Yes

**Mark Mills, M.D.**

MGL Internal Medicine

6465 Millennium Dr. #100

Lansing, MI 48910

517-975-3720

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare, Medicaid

On CATA Bus Route: No

**Daniel Moore, P.A.**

MGL Internal Medicine  
 6465 Millennium Dr. #100  
 Lansing, MI 48910  
 517-975-3720

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare, Medicaid  
 On CATA Bus Route: No

**Deborah Richmond, D.O.**

Mid-Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 201  
 Lansing, MI 48912  
 517-913-3900

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare  
 On CATA Bus Route: Yes

**Richard Thiede, M.D.**

MGL Okemos Community Medical Center  
 2104 Jolly Rd #240  
 Okemos, MI 48864  
 517-975-3800

Hours: Monday: 11 am - 3 pm, Tuesday: 12:30 pm - 5:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
 Medicare, Medicaid  
 On CATA Bus Route: Yes

**Craig Wheeler, M.D.**

MGL Internal Medicine  
 6465 Millennium Dr. #100  
 Lansing, MI 48910  
 517-975-3720

Hours: Monday - Friday: 8 am - 5 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, Aetna,  
Medicare, Medicaid

On CATA Bus Route: No

## **MENTAL HEALTH**

### **The Community Mental Health Authority of Clinton, Eaton, & Ingham Counties**

812 East Jolly Rd.

Lansing, MI 48910

517-346-8318 & 1-888-800-1559

Hours: Monday - Friday: 8 am – 4:30 pm

**Bilingual Staff: Mental Health Therapist**

**Translation Services: Translation Phone**

Accepts: IHP, Medicaid, & Other

On CATA Bus Route: Yes

### **Cristo Rey Family Health Center**

517-371-1700

See Family Practice for Cristo Rey Health Center information

### **Sparrow Hospital**

517-364-1000

See Urgent Care Facilities for Sparrow Hospital Information

## **NEUROLOGY**

### **MSU Neurology**

Michigan State University Clinical Center A-217

138 Service Road

East Lansing, MI 48824

517-353-8122

Hours: Monday – Friday: 8 am – 5 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, IHP, Medicare, Medicaid

Other Specialties: Neuro-Ophthalmology

On CATA Bus Route: Yes

## **NEPHROLOGY**

### **Shyam Bhupalam, M.D.**

Mid-Michigan Physicians, P.C.  
1540 Lake Lansing Rd. Suite 204  
Lansing, MI 48912  
517-913-3960

Hours: Tuesday, Wednesday, Thursday.: 1 pm - 4 pm

#### **Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, SPHN, Aetna,  
Medicare, Most Plans  
On CATA Bus Route: Yes

### **Gabriel Elia, M.D.**

Mid-Michigan Physicians, P.C.  
1703 E. Michigan Ave.  
Lansing, MI 48912  
517-913-3860

Hours: Monday-Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

#### **Translation Services: Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, SPHN, Aetna,  
Medicare, Medicaid, Most Plans  
**Translation Services: Bilingual Physician, Phone**  
On CATA Bus Route: Yes

### **Rafael Javier, M.D.**

Mid-Michigan Physicians, P.C.  
1703 E. Michigan Ave.  
Lansing, MI 48912  
517-913-3860

Hours: Monday -Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

#### **Translation Services: Bilingual Physician, Phone**

Accepts: Accepts: BC/BS, PHP, McLaren, IHP, SPHN, Aetna,  
Medicare, Medicaid, Most Plans  
On CATA Bus Route: Yes

## **OB-GYN**

### **Irene Baker, N.P.**

Mid- Michigan Physicians, P.C.  
1540 Lake Lansing Rd. Suite 205  
Lansing, MI 48912  
517-913-3910

Hours: Monday - Thursday: 8 am - 5 pm

#### **Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid  
On CATA Bus Route: Yes

### **David Boes, D.O.**

### **Theresa May-Hartle, D.O.**

### **Uendra Shah, M.D.**

MGL Dewitt Women's Health  
128 Escanaba Dr. #4  
Dewitt, MI 48820  
517-975-9750

Hours: Mon. - Thur. 8 am - 4:30 pm; Fri.: 8 am - 4pm

#### **Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare  
On CATA Bus Route: No

### **CareFree Medical & Dental**

517-887-5922

*\*See Family Practice for CareFree Medical and Dental information\**

### **Cristo Rey Family Health Center**

517-371-1700

*\*See Family Practice for Cristo Rey Family Health Center information\**

### **Betty Dawson, N.P.**

### **Elizabeth Ferik, D.O.**

### **Andrew Zink, D.O.**

McLaren Greater Lansing Women's Health  
2316 S. Cedar Street Suite 400  
Lansing MI 48910  
517-975-9875



Hours: Monday - Friday, 8 am - 4:30 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Elaine Du Plessis, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 205

Lansing, MI 48912

517-913-3910

Hours: Tue.: 8:30 am - 5 pm; Wed.: 8:30 am - 12 pm;

Thur. 8:30 am - 5 pm; Fri. 8:30 am - 12 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Grace Gibbs, D.O.**

**Elizabeth Root, C.N.P.**

**Sandra Russell, D.O.**

**Robert Seiler, D.O.**

MGL Charlotte Women's Health

111 Lansing Street Suite 230

Charlotte, MI 48813

517-543-9563

Hours: Monday - Thursday: 8 am - 4:30 pm

**Bilingual Staff: 3<sup>rd</sup> party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: No

**Grace Gibbs, D.O.**

**Elizabeth Root, C.N.P.**

**Sandra Russell, D.O.**

**Sameerah Shareef, C.N.M.**

MGL Okemos Women's Health

2104 Jolly Road, suite 220

Lansing, MI 48864

517-975-1400

Hours: Mon. - Thur.: 8 am – 4:30 pm; Fri.: 8 am - 12 pm

**Bilingual Staff: 3<sup>rd</sup> party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Luis González, M.D.**

Sparrow Midwest OB/GYN

1100 W. Saginaw

Suite 630

Lansing, MI 48915

Hours: Monday – Friday: 8 am – 5 pm

**Bilingual Staff: Physician**

Communication / Translation Services: Translation phone

Accepts: BCBS, PHP, McLaren, Medicaid, & Medicare

On CATA Bus Route: Yes

**Nancy Herta, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 205

Lansing, MI 48912

517-913-3910

Hours: Monday : 9 am - 5 pm, Thursday: 8 am -12 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Sung G. Lee, M.D.**

East Lansing OB-GYN Association

740 W. Lake Lansing Road

Suite 300

East Lansing, MI 48823

517-351-1766

Hours: Mon., Tue., & Wed.: 9 am – 5 pm, Thur.: 1 pm – 7 pm, Fri.: 9 am – 12 pm

**Bilingual Staff: Physician & Receptionist**

Accepts: BCN, Cofinity, PHP, Health Plan of Michigan, IHP, Medicare, & Medicaid

On CATA Bus Route: Yes

**Valerie Levitt, M.D.**

Lansing OB-GYN  
 1600 W Grand River Ave. Ste. 1  
 Okemos, MI 48864  
 (517) 381-6870

Hours: Mon., Wed., Thur., Fri., 7:30 am - 4 pm; Tue. 9:30- pm

**Bilingual Staff:**

Accepts: Aetna, Assurant Health, Blue Cross and Blue Shield, CIGNA, Commercial Insurance Company, Golden Rule, Humana, Medicaid, Medical Mutual of Ohio, Medicare, Meridian Health Plan of Michigan, Molina, PHP-Physicians Health Plan, Principal Financial, United Health Care  
 On CATA Bus Route: Yes

**Rhonda Maney, M.D.**

Mid- Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 205  
 Lansing, MI 48912  
 517-913-3910

Hours: Monday: 1 pm - 5 pm, Tuesday: 8:00-12:00

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, Aetna, Medicare, Medicaid  
 On CATA Bus Route: Yes

**Amber McLean, D.O.**

Mid- Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 205  
 Lansing, MI 48912  
 517-913-3910

Hours: Mon. & Fri.: 8 am - 5 pm, Weds.: 8 am -12 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid  
 On CATA Bus Route: Yes

**Sandra Metzger, N.P.**

Mid- Michigan Physicians, P.C.  
 1540 Lake Lansing Rd. Suite 205  
 Lansing, MI 48912  
 517-913-3910

Hours: Monday , Tuesday & Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Connie Powe-Watts, C.N.M.**

Mid-Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 205

Lansing, MI 48912

517-913-3910

Hours: Wednesday, Thursday & Friday: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**Frank Takyi, M.D.**

Mid- Michigan Physicians, P.C.

1540 Lake Lansing Rd. Suite 205

Lansing, MI 48912

517-913-3910

Hours: Tue. 9 am - 5 pm, Weds. & Thur.: 8 am - 5 pm

**Translation Services: Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare, Medicaid

On CATA Bus Route: Yes

**OCCUPATIONAL MEDICINE / PHYSICAL THERAPY**

**Lansing Urgent Care**

517-333-9200

Lansingurgentcare.com

*\*See Urgent Care section for Lansing Urgent Care information\**

**Mason Rehabilitation Center**

800 E. Columbia

Mason, MI 48854

517-244-8930

Hours: Monday – Friday: 7 am – 5:30 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, Medicare, Medicaid, & Sparrow Physician Health Network

On CATA Bus Route: No

**Sparrow Health Science Pavilion - Outpatient Rehabilitation**

2900 Hannah Blvd.

Suite B-102

East Lansing, MI 48823

517-364-0850

Hours: Mon.–Thur.: 7 am – 6:30 pm; Fri.:7 am– 5 pm

**Bilingual Staff: Physical Therapist & Receptionist(s)**

Communication / Translation Services: Translation Phone

Accepts: BCBS, PHP, McLaren, Medicare, Medicaid, Aetna, & Sparrow Physician Health Network (SPHN)

On CATA Bus Route: Yes –

**Sparrow Health System, Outpatient Rehabilitation Services**

1288 W. Grand River

Williamston, MI 48895

517-655-1813

Hours: Mon. –Thur.,7 am – 5:30 pm; Fri.: 7 am –3:30 pm

**Translation Services: Translation Phone**

Accepts: BCBS, PHP, McLaren, Medicare, Medicaid, & Sparrow Physician Health Network (SPHN)

Other Specialties: Sports Medicine

On CATA Bus Route: Yes

**OPHTHALMOLOGY**

**Giora Adams, M.D.**

Sinai Clear Vision Center

702 Abbott Road

East Lansing, MI 48823

517-351-2300

Hours: Monday – Friday: 8 am – 5 pm

**Bilingual Staff: Physician(s), Physician Assistant(s),  
Nurse Practitioner(s), & Medical Assistant(s)**

Accepts: BCBS, PHP, MCL, IHP, Medicare, Medicaid, &  
PHP Medicaid

On CATA Bus Route: Yes

## **PEDIATRICS**

**James Brouillette, M.D.**

MGL Okemos Community Medical Center

2104 Jolly Rd. #240

Okemos, MI 48864

517-975-3800

Hours: Mon., Tues., Thur.: 7:45 am - 6:45 pm,

Fri.- 7:45 am - 4:45 pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid

On CATA Bus Route: Yes

**Cristo Rey Family Health Center**

517-371-1700

*\*See Family Practice section for Cristo Rey Family Health Center  
information\**

**Eleanor Watson, M.D.**

MGL Okemos Community Medical Center

2104 Jolly Rd. #240

Okemos, MI 48864

517-975-3800

Hours: Monday - Thursday: 8 am - 6:30pm

**Translation Services: 3<sup>rd</sup> Party, Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid

On CATA Bus Route:

## **Psychiatry, Neurology, Psychosomatic Medicine**

### **Linda Mercado Peterson, M.D.**

McLaren Greater Lansing  
401 W. Greenlawn Ave. Annex  
Lansing, MI 48910  
517-975-6475

Hours: Wednesday Mornings

**Bilingual Staff: Bilingual Physician**

**Translation Services: Translation Phone**

Accepts: BC/BS, PHP, McLaren, IHP, Aetna, Medicare,  
Medicaid, Most Plans

On CATA Bus Route: Yes

## **URGENT CARE FACILITIES**

### **East Michigan Family Care**

2310 E. Michigan Ave  
Lansing, MI 48912  
517-346-7628

Hours: Monday - Saturday: 9 am – 5 pm

**Bilingual Staff: Physician(s), Physician Assistant(s),  
Nurse Practitioner(s), & Medical Assistant(s)**

Accepts: BCBS, McLaren, IHP, & Medicaid

On CATA Bus Route: Yes

### **Lansing Urgent Care**

505 N. Clippert St.  
Lansing, MI 48912  
517-333-9200

Hours: Monday – Saturday: 9 am -9 pm; Sunday: 9 am - 6 pm

**Bilingual Staff: Physician(s), Physician Assistant(s), &  
Medical Assistant(s)**

Accepts: BCBS, PHP, McLaren, IHP, Medicare, & Other

Other Specialties: Occupational Medicine

On CATA Bus Route: Yes

**Sparrow Okemos Urgent Care**

2248 Mt. Hope Rd  
 Suite 106  
 Okemos, MI 48864  
 517-381-4001

Hours: 7 days a week: 10 am – 10 pm

**Translation Services: Translation phone**

Accepts: Will bill all insurance companies but patient is responsible for bill if insurance denies coverage

On CATA Bus Route: Yes

**COMMUNITY ASSISTANCE SERVICES****CLOTHING****Cristo Rey - 517-372-4700**

1717 N. High St., Lansing, MI 48906  
[www.cristo-rey.org](http://www.cristo-rey.org)

***Bilingual staff member(s)***

On CATA Bus Route: Yes

**EMERGENCY NUMBERS**

**Child Protective Services: 517-887-9450 or 517-887-9453**

**Adult Protective Services: 517-887-9650**

Ingham County Protective Services  
 5303 S. Cedar St., Lansing, MI 48909

***Bilingual staff member(s)***

CATA Bus Route: Yes

**Sparrow Hospital Emergency Room - 517-483-2222**

1215 East Michigan Ave., Lansing, MI 48912

***Translation phone available***

CATA Bus Route: Yes

**FOOD ASSISTANCE**

**Hannah's House - 517-482-5856**

625 N. Walnut St., Lansing, MI 48933

Lansing, MI

[www.hannahshouselansing.org](http://www.hannahshouselansing.org)



***Bilingual staff member(s)***

On CATA Bus Route: Yes

**Ingham County Food Bank - 517-887-4357****Ingham / MSU Expanded Food & Nutrition Education Program -  
517-887-4588****WIC (Women, Infants, & Children) - 517-887-4326**

Ingham County Health Department

5303 S. Cedar St., Lansing, MI 48909

www.hd.ingham.org

***Bilingual staff member(s)***

On CATA Bus Route: Yes

**HOUSEHOLD/PERSONAL ITEMS/FURNITURE****Volunteers of America - 517-484-4414**

430 N. Larch St., Lansing, MI 48912

www.voami.org

***Bilingual staff member(s)***

CATA Bus Route: Yes

**LEGAL ASSISTANCE****Legal Services of South Central Michigan - 517-394-3121**

3490 Belle Chase Way, Suite 50, Lansing, MI 48911

www.lsscm.org

***Bilingual staff member available at ext. 229***

CATA Bus Route: Yes

**MEDICAL INSURANCE****Ingham Health Plan (IHP) - 517-887-4451****Medicaid - 517-887-9400****MI Child ~ 888-988-6300****Ingham County Health Department*****Bilingual staff member(s)*****MEDICAL SERVICES****Cristo Rey - 517-372-4700*****Bilingual staff member(s)****\* See Clothing section for more detailed Cristo Rey information\**

**Ingham County Health Department - 517-887-4300**  
***Bilingual staff member(s)***

*\*See Food Assistance section for detailed Ingham County Health Department information\**

**Sparrow Community Health Center - 517-364-1000**

1215 East Michigan Avenue, Lansing, MI 48912

www.sparrow.org

***Translation phone available***

CATA Bus Route: Yes

**St. Lawrence Family Health Center - 517-364-7440**

1100 W. Saginaw, Suite 500, Lansing, MI

***Translation phone available***

CATA Bus Route: Yes

**Willow Plaza Teen Health Services ~ 517-702-3500**

Adolescent Health Services

306 W. Willow, Lansing, MI 48915

***Bilingual staff member(s)***

CATA Bus Route: Yes

**PREGNANCY/INFANT SERVICES**

**Child Health Services - 517-887-4305**

**Family Outreach Services - 517-272-4120**

**Public Health Nursing - 517-887-4322**

<http://hd.ingham.org/public-health-services.aspx>

**WIC (Women, Infants, & Children) ~ 517-887-4326**

**Willow Plaza Teen Health Services - 517-702-3500**

Adolescent Health Services

***Bilingual staff member(s)***

*\*See Medical Services section above for detailed Willow Plaza Teen Health Services information\**

**Women's Health Services - 517-887-4320**

Ingham County Health Department

***Bilingual staff member(s)***

*\*See Food Assistance section for detailed Ingham County Health Dept. information\**

## **SHELTERS**

### **Eve's House - 517-372-5572**

Emergency shelter for women with or without children experiencing domestic violence

[www.eveinc.org](http://www.eveinc.org)

***Bilingual staff member(s)***

### **Hannah's House - 517-482-5856**

Shelter for homeless, pregnant women  
Lansing, MI

[www.hannahshouselansing.org](http://www.hannahshouselansing.org)

***Bilingual staff member(s)***

### **Haven House - 517-337-2731**

Temporary emergency shelter for homeless families with children  
121 Whitehills Dr., East Lansing, MI 48826

[www.havenhouseel.org](http://www.havenhouseel.org)

***Bilingual staff member(s)***

CATA Bus Route: 26

### **MSU Safe Place - 517-355-1100**

Emergency shelter for women with or without children experiencing domestic violence

<https://www.msu.edu/~safe>

***Bilingual staff member(s)***

### **Victory Center – 517-482-2145**

Shelter for families

***Bilingual staff member(s)***

## **TRANSPORTATION**

### **CATA - 517-394-1000**

**CATA Rural Services - 800-322-1390**

**Spec-Tran Services - 517-394-6230**

Capital Area Transportation Authority (CATA)

***Bilingual staff member(s)***

[www.cata.org](http://www.cata.org)

# Acknowledgements

**Special thanks to the Members of the  
LLHA Board of Directors**

## 2012-2013 Board

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## Community Navigator

**Dr. Marizel S. Dávila-Figueroa**

**This second edition was completed as the AmeriCorps  
service project of Dr. Marizel S. Dávila-Figueroa, Michigan  
Primary Care Association (MPCA) Community HealthCorps  
member**

